



# A P P E T I Z E R S

## **CHICKEN WINGS**

HONEY GARLIC, BUFFALO, CAJUN, BBQ SERVED WITH CARROTS  
AND CELERY STICKS AND YOUR CHOICE OF RANCH OR BLUE  
CHEESE FOR DIPPING **19**

## **SCALLOPS**

SEARED SCALLOPS WITH HONEY PARSLEY GASTRIC  
AND BLUE CHEESE CRUMBS **22**

## **TUNA SASHIMI**

6 OZ TUNA SLICED AND SERVED WITH RADDISH, GREEN  
ONION, PICKLED GINGER, CILANTRO AND SESAME SEEDS **23**

## **CRAB CAKES**

3 CRAB CAKES DEEP FRIED WITH PINAPPLE SALSA, PICKLED ONION,  
AVOCADO MAYO & CHIPOTLE MAYO **16**

## **FISH TACO**

2 PIECES OF BATTER FRIED FISH WITH CABBAGE  
SLAW, PICKLED BANANA PEPPERS, AVOCADO MASH  
AND LIME CREMA **16**

## **LETTUCE WRAP**

CHICKEN OR SHRIMP WITH AVOCADO, PINEAPPLE  
SALSA, CANDIED WALNUT & SRIRACHA AIOLI **20**

## **PORK & LEEK POT STICKERS**

8 PAN FRIED DUMPLINGS WITH ORANGE PONZU  
DIPPING SAUCE **16**

## **BEER AND CHEDDAR DIP**

SERVED WITH PITA AND CROSTINI **16**



# G R E E N S

## **CAESAR SALAD**

ROMAINE LETTUCE, PARMESAN CHEESE,  
BACON BITS MIXED WITH A CREAMY  
CAESAR DRESSING TOPPED WITH  
CRUTONS AND A BOILED EGG **19**

## **COMPOUND BEAN/TACO SALAD**

MIXED LETTUCE, BLACK BEAN & CORN MIX,  
CUCUMBER, TOMATO, PICKLED ONION,  
CHEDDAR CHEESE AND TORTILLA STRIPS  
WITH AVOCADO LIME DRESSING **23**

## **FATTOUSH SALAD**

MIXED GREENS, TOMATO, CUCUMBER,  
RADDISH AND PITA CHIPS WITH LIME  
VINAIGRETTE DRESSING **19**

## **COMPRESSED WATERMELON SALAD**

MIXED GREENS, WATERMELON, OLIVES,  
FETA CHEESE AND MINT WITH  
BALSAMIC DRIZZLE **20**

## **TUNA NICOISE SALAD**

RARE TUNA WITH RED POTATOES, BOILED EGG,  
TOMATO, RADDISH, OLIVES AND BEANS **26**

ADD CHICKEN **+5**

ADD SALMON **+6**

ADD 6 SHRIMP **+7**



# H A N D   H E L D S

## **CHICKEN BACON CLUB**

MAPLE CHICKEN, BACON, CHEESE, LETTUCE,  
TOMATO AND CHIPOTLE AIOLI SERVED IN  
TOASTED SOURDOUGH BREAD **22**

## **CHICKEN WRAP**

CRISPY CHICKEN WITH CREAMY CAESAR MIX  
WRAPPED UP IN A TORTILLA **18**

## **PEAMEAL ON A BUN**

3 PIECES OF SMOKED CANADIAN  
PEAMEAL BACON WITH CHEDDAR  
CHEESE ON A BRIOCHE BUN **16**

## **MONTREAL SMOKED MEAT SANDWICH**

MONTREAL SMOKED MEAT WITH SWISS  
CHEESE AND MUSTARD MAYO ON  
MARBLE RYE BREAD **19**

## **GARD BURGER**

7 OZ BEEF PATTY, CHEESE, LETTUCE,  
TOMATO, ONION, PICKLE AND GARLIC AIOLI  
ON A BRIOCHE BUN **19**

## **CRISPY CHICKEN BURGER**

CRISPY CHICKEN BREAST, LETTUCE, TOMATO,  
PICKLE AND SPICY AIOLI ON A BRIOCHE BUN **19**

## **VEGGIE BURGER**

BLACK BEAN AND CORN VEGETARIAN BURGER  
ON A BRIOCHE BUN TOPPED WITH LETTUCE,  
TOMATO, ONIONS AND HUMMUS **18**



# M A I N S

## **TUNA POKE BOWL**

RICE TOPPED WITH PICKLED GINGER,  
PINEAPPLE SALSA, RADDISH, GREEN  
ONION, SESAME AND TOGARISHI SPICE **25**

## **STEAK FRITES**

8 OZ STRIPLOIN STEAK, FRESH CUT FRIES,  
CHIMICHURI HERB BUTTER AND OYSTER  
MUSHROOM **40**

## **BLACKENED SALMON**

RICE, RAPINI, PINEAPPLE SALSA, CHILI  
AND TURMARIC OIL **32**

## **FISH AND CHIPS**

HADDOCK, BEER BATTERED WITH  
COLESLAW AND TARTAR SAUCE **23**

## **ORECCHIETTE PASTA**

ORECCHIETTE PASTA WITH ITALIAN SAUSAGE  
CRUMBLE, RAPINI, GARLIC SHALLOT AND  
WHITE WINE WITH PARMESAN CHEESE AND  
PARSLEY **25**



# D E S S E R T

## **BREAD PUDDING**

ICE CREAM, TOFFEE SAUCE, POWDERED SUGAR **15**

## **ICE CREAM PARFAIT**

STRAWBERRY, BLUEBERRY, ICE CREAM AND  
BERRY COMPOTE **12**

## **GLUTEN FREE CHOCOLATE TORTE**

POWDERED SUGAR AND BERRY COMPOTE **15**